



# CLUB BULLETIN



13th January 2010

Rotary Club of Camberwell

Volume 54 Issue 26

Special points of interest:

- Partners Welcome next meeting
- VicRelief Foodbank
- A Peaceful Story From Uganda
- GSE Welcome Dinner

Wednesday Jan 20th

Speaker: Jacqueline Dinan

Subject: "A Woman's War"

See More Information Inside, Partners More Than Welcome

Chair: Les Brown

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### JANUARY

(Family of Rotary Month)

#### Registration Desk

Geoff Angus

Tim Landsberg

#### Welcomer

Joseph Orlando

### FEBRUARY

(World Understanding Month)

#### Registration Desk

David Loftus

Ian Feder

#### Welcomer

Syd Warneke

It is the responsibility of the rostered Member to find a replacement if not able to attend

## Future Club Program

<u>Date</u>	<u>Speaker</u>	<u>Subject</u>	<u>Chair</u>
Wed 27th Jan	Tim Landsberg Africa	Wildlife Monitoring in Central	Chair Bern Connell
Wed 3rd Feb	Keith Wehl	Where did I leave my glasses	Chair Ron Lear
Wed 10th Feb	Club Assembly		Chair PE Rob Davies
Wed 17th Feb	Partners Night		

**Club Meets**  
Wednesdays 6.15 for 6.30  
Canterbury Centre, 2 Rochester Road  
Canterbury

**President: Dennis Coleman**  
**Secretary: Richard Gray**  
**Treasurer: Peter Pratt**

**Apologies—Bookings**  
Alan Lorenzini  
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alan@lorenzinigroup.com.au

## From The Humidor

Well here we are already, half way through January 2010 and looking forward to a big second half of the Rotary year.

Beginning with "evening with the stars" at Katunga in the Moira Shire, this will be the third time our club has sponsored this event along with Boroondara Cares and I am looking forward to my first visit there along with a large contingent of Camberwell Rotarians.



Please remember though there will still be our normal meeting at Conochie Hall. Which will be chaired by past president Les Brown.

*"Looking forward to a big second half of the Rotary year."*

Later this month our exchange student Ana Flavia arrives from Brazil, this is a major undertaking and she will be hosted by five Camberwell Rotary families including yours truly.

February 17<sup>th</sup> will be the first of our partner's evenings, where our fellowship committee has organized an extra special guest that should not be missed.

The following week our regular meeting will be at Box Hill TAFE's teaching restaurant where our vocational committee will be presenting two apprenticeship awards.

Then on Sunday the 28<sup>th</sup> of February Anita and I will be hosting an afternoon tea for all members and partners where we can get to know our incoming exchange student who will become part of our Rotary family for the next 12 months.

Also on this day we will be celebrating the second day of the Jewish festival of Purim. This festival dates back 650 years before the beginning of Christianity. During this festival adults and children alike dress in masquerade, where masks and funny hats, and enjoy traditional cakes and pastries so you can all look forward to a light hearted day of fun and fellowship.

The following week brings us to March and the Rotary conference in Perth which Anita and I will be attending along with a number of Camberwell Rotarians. If you would like to join us please contact Fabienne Nicola who has booked rooms at the Parmelia Hilton which is the closest hotel to the conference venue.

Then in May it will be all hand on deck when we stage our first and biggest Art Show at Caulfield Racecourse.

Graham Hope and his team have been working tirelessly to ensure our largest art show ever runs as smoothly as possible.

Along with all of these events there will be a number of different social events planned of which you will be given ample notice.

So as you can see we have a big six months planned.

Lets all have a great 2010 in Rotary.

**President Dennis**

## Partners Invitation to Next Week's Meeting

Next week's speaker is Jacqueline Dinan, who is the Principal of a public relations consultancy that specialises in media relations and event management. Jacqueline also researches and writes on a range of topics. 'A Woman's War' is set in working class Collingwood during the First World War. Rosie, is indicative of women, who for four long years helplessly witness their husbands, boyfriends, brothers and even fathers swayed by the relentless pull of 'mateship' to enlist in the Australian Imperial Force .

This will be a compelling talk and members partners and friends are invited to attend. For those wishing to attend, please advise Alan Lorenzini for catering purposes.



## Last Weeks Meeting

This report was prepared and provided by Marcus Falay, for which the Editor is grateful:

Introduction by Chairman Bern Connell: "When Geoff Day and his committee were searching for a project, they became aware of a major problem around the country where young people were living in old age nursing homes. There are about 7,000 of these young people around Australia and 1,550 in Victoria who live in age care nursing homes. The Committee has approached Dr Morkham and asked what could be done to overcome the problem and what could we do as a club.

Dr Bronwyn Morkham, a founder of **The Young People In Nursing Homes National Alliance (YPINH)** that is Australia's first peak body for young Australians with disability and high and complex support needs.

The Alliance promotes the rights of young disabled Australians with high and complex support needs living in residential aged care facilities (or at risk of placement there), to have choice about where they live and how they are supported. Their focus is the development of accommodation and support services in the community that enable young people with high and complex support needs to have 'lives worth living' of dignity and independence.

It was stressed that the situation in which these young people face today is something that can happen to anyone at any time. This is an issue that does not affect just certain people and organizations but something affecting the entire community. The current problems and lack of specific care for the young people is not the fault of the nursing homes, rather a problem in the system at State and Federal level. It is usually evident that, young people are at old age nursing homes for a long time. For example, a young girl at age 16 is still there today who is 43 years of age.

Basically, YPINH is there to fix the problem. Dr Morkham gave specific examples and referrals to some cases, e.g. a young man was wrongly diagnosed with an illness and his health situation worsened, is with the nursing home, another young girl badly assaulted after a tram ride is in the nursing home. There are many other cases and stories of young people at these centres.

The YPINH began in 2001, funded by the Philanthropic sector, is represented in each state & territory.

Key Campaigns include; strategic partnership and co-operation with stakeholders, developing and sharing intellectual capital, and participation in relevant forums. Some of the Milestones are; funding is limited to age under 50. This restriction brings major problems and difficulty to the problem, where many cases will still require care after age 50. Funding, although mentioned in millions of dollars, is still the number one problem. Adequate funding is the key solution to the problem. There are currently around 800 of which 80 in Victoria are badly injured due to road accidents and are in need for care in nursing homes. There are many wrong people in the wrong places, the problem needs fixing, said Dr Morkham. One size does not fit all.

Message was reinforced that we need a lifetime care system. We have a terrific health and care system in Australia compared to many developed countries, but we need to go to the next level. "I want a life worth living, nursing homes do not provide a life" is the general feedback received from these young people living in nursing homes.

Another exiting project is, working with a builder who offered to build a tower at cost. The tower is proposed to be built in Southbank, not far from Crown. Now the funds must be raised to purchase the planned floors of this tower. It is a challenge to find good workers to care for those in need and current minimum 2 hour constrains and travelling time is a major problem for those workers. Ongoing training is vital for the workers. The tower will be planned in such a way that workers will only need to travel between floors and a training centre is also planned in the project.

Some other costly items in the system are the pressure mattresses and pressure sheets. Most of these are imported from overseas countries. A pressure mattress can cost \$15K. There is only a \$2000 subsidy from the government and families find it difficult to cover the gap. "Disability is an expensive occupation" said Dr Morkham and stressed once again that this is not blaming the nursing homes, they are doing a great job.

A thought provoking presentation outlining a major concern in the Community.



## VicRelief Foodbank News

Extracts included in the Summer Edition of "Willing Hearts", the Newsletter from VicRelief Foodbank might be of interest to Readers

The Victorian Foodbank was set up as an initiative of the Rotary Club of Camberwell now more than 15 years ago and since then has fed millions of Victorians.

### Filling the Gap. Meeting the Need

In the past year, VicRelief Foodbank has distributed more than 3 million kilograms of food relief across Victoria, enough to provide 2.7 million meals to people in need. The total value of the assistance we gave exceeded \$16 million.

More than 450 emergency relief organisations across 69 regional and metropolitan municipalities benefited from the emergency food and material aid we provided into their local communities. We enable organisations such as the Salvation Army, St Vincent de Paul, Anglicare, Uniting Care, to sustain and deliver their emergency relief services more effectively.

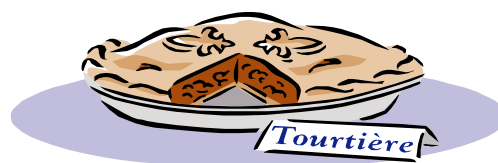
Our principal aim is simple. To provide quality, nutritious food, and to increase the available amount of fresh fruit and vegetables, pasta, rice and cereals. With the generous support of many companies, as well as public benefactors and private individuals, we have, to a large degree, been successful. For instance we are now distributing nine times the amount of fruit and vegetables compared to a year ago.

But as we continue to develop more innovative ways to increase food donations, the demand for more food from those we support has increased. This is the reality. And as long as there are those in our community who are homeless, continue to go hungry, miss out on the basic needs in life, or suffer as the result of natural disasters, VicRelief Foodbank will be there to support them

### Word of Mouth Pays Dividends

One of the most sought after items at VicRelief Foodbank is convenient, nutritious meals.

When Robert Davies, of Davies Bakery, first rang us in April last year he simply said that he had a small amount of product we might be able to use. Naturally we said yes! Since then, Davies Bakery, which makes high quality, pasties, vegetable rolls and sausage rolls, has been a regular and highly valued donor to VicRelief Foodbank, contributing more than 60,000 delicious meals.



Robert became aware of the work of VicRelief Foodbank via word of mouth (and Rotary). So please help us to spread the word. We ask every one of our food donors to talk to all their colleagues in the food industry about the benefits of supporting those in need. Many of our donors are small companies but together they make an enormous difference to the lives of so many.



### Rice Pledge Continues Long Association

The Rotary Club of Camberwell have been generous supporters of VicRelief Foodbank for the past 15 years. We are delighted to announce that their pledge to fund the purchase of 1 tonne of rice every month for 2009 is to continue next year.

Rice is one of the most versatile staple products and is a common food in the diet of the various cultures of people who need assistance. This wonderful gift will enable our agencies to provide the basis for 240,000 meals and will be a huge help to fulfil our commitment to provide increased amounts of good, nutritious food.



Thank you to the people of Camberwell Rotary for your generosity and support.

## Community Service—Camp Getaway

Community Service together with Fellowship is organising a weekend away to have a fun working weekend at Camp Getaway.

The weekend chosen is Friday 19th to Sunday 21st March 2010, so those that like to plan ahead, put the dates in your new 2010 diary. Plan to come for the whole weekend or if not the whole time, at least a day.

Andy Spry who is organising the weekend will provide more detail together with the tasks proposed as soon as we return in 2010.

Based on the fun that was had last year it is hoped that a larger group can go this time, (say 20 or more)

The weekend will also have the culinary skills of our one thumbed chef Bern Connell and others to provide wholesome and epicurean food to feed the workers.



## Art Show News

The new Art Show Web Site at [www.camberwellrotaryartshow.org.au](http://www.camberwellrotaryartshow.org.au) is now operational. Website will be progressively developed and enhanced to include on line registration and entries.

Artist Entry forms and accompanying letters are due to be mailed in the next week.

Also, can members please review their diaries and make available as much time as possible in the week 24-31 May 2010—The Roster will be circulated in the next week.



## Boroondara Cares News

The Club have received a letter of thanks from the Chief Executive of Moira Shire for the contribution of Christmas Goodies for inclusion into Hampers.

The text of the letter states:

On behalf of Moira Healthcare Alliance I would like to take this opportunity to express our sincere appreciation for the generosity of "Boroondara Cares" towards our food relief programs through Moira Foodshare.

The donations of rice, Christmas cakes and puddings are very timely. With Christmas just around the corner many families struggling financially will welcome and appreciate a little Christmas cheer. It is organizations such as yours that truly make a difference to those most in need.

At present our Volunteers are busy painting Christmas boxes to fill with chocolate, canned fruit, soft drinks and of course the donated ...Christmas cakes and puddings.

These Christmas boxes bring a smile to the faces of many families trying to cope with the extra financial burdens placed upon them at Christmas time.

Thank you once again and I sincerely wish you, your members and their families a very joyous Christmas and happy and safe New Year.



## Boroondara Cares at Katunga

*Boroondara Cares invites you to enjoy an*



**Katunga Recreation Reserve**

Wednesday 20 January 2010

6:00pm – 9:30pm



**“Evening with the Stars” is proudly supported by the Rotary Club of Camberwell as part of Boroondara Cares**

### **Features of the Evening will include:**

Performance by Sing Australia

BBQ Dinner

**A Bus is available and will depart from the Rotary Club of Camberwell's Club House at Rochester Road, Canterbury in the mid afternoon and will return at around mid-night.**

**Cost per person will be \$40.**

**For coach bookings or more information please contact –**

**Ian Feder**

**[iecfeder@bigpond.net.au](mailto:iecfeder@bigpond.net.au)**

**or phone:- 9817 6202**

## Vocational Committee News

The Vocational Committee are looking for a vehicle that has a Rear Lift Suitable For raising heavy packages

The need for this is required for the distribution of the dictionaries being produced for young children

If any member has access to such a vehicle let Don Jago know

## Setting the pace for sustainable peace in Uganda

Robert Opira of Uganda is a master of understatement when he calls his first job out of college "very challenging work." As a psychological counsellor and project manager for World Vision, he helped rehabilitate and resettle more than 12,000 former child soldiers in northern Uganda from 2002 to 2005.

"The Lord's Resistance Army had abducted and recruited an estimated 36,000 children, the youngest being seven years old," says Opira, a member of the Rotary Club of Gulu and former Rotary Peace Fellow. "It was this kind of work that motivated me to apply for the Rotary Peace Fellowship. I thought maybe I would do something to help prevent war, rather than addressing the consequences."



Rotarian and former peace fellow Robert Opira (second from left) takes part in the Gulu Walk 2009, a peace-building campaign focusing on the plight of war-affected children in northern Uganda. *Photo courtesy of Robert Opira*

While a 2005-07 peace fellow at the University of Queensland, Opira got the idea for creating a conflict resolution centre in his homeland. "I realized that starting the centre would enable me to better utilize the knowledge and skills acquired from the fellowship," he says.

Opira shared his vision with another Ugandan peace fellow (2004-06) at the Queensland Rotary Centre, Godfrey Mukalazi. Following their graduation, the pair founded the Great Lakes Centre for Conflict Resolution in Gulu, Uganda. GLACCR is a nongovernmental organization working to address conflict and security challenges in the five-country Great Lakes region, where more than five million people have died since the mid-1990s in conflicts in the Democratic Republic of the Congo, Rwanda, and Uganda alone.

Working with 26 NGOs and district government leaders, GLACCR is building conflict sensitivity training into development projects in northern Uganda. Opira says the effort, funded by a US\$100,000 grant from USAID, will help preserve peace in area communities by focusing on the root causes and consequences of conflict.

GLACCR also provides expertise in peace-building and conflict resolution to the United Nations High Commissioner for Refugees, World Vision, Self-Help Uganda, and other NGOs active in Uganda. In addition, it is designing a conflict early warning system that will link global information technologies with local social networks to help prevent conflict.

Opira is also director of St. Peter's Junior School, which he founded in 2008 with the support of Rotarians in Australia, Japan, and the United States. Designed to serve mainly children of families affected by conflict and HIV/AIDS, the school has established a nursery and aims to add one grade each year.

Opira says that "the support from Rotarians throughout the world" for his peace fellowship led him to join Rotary that same year. "I wanted to remain in the Rotary family. I realized that through this great family I could better serve my community."

For more comments see [RI Newsletter 8th January 2010](#)

### The Fruits of the Use of Rotary Foundation Funds

#### **TOP 5 REASONS TO SUPPORT THE ROTARY FOUNDATION**

1. **Fighting Hunger**—through 3 H grants
2. **Reducing Child Mortality**—Rotary matching Grants
3. **Promoting Peace and Conflict Resolution**—See story above
4. **Giving The World hope for just US\$2 a week**—Donate US\$100 a year through the Every Rotarian, Every Year initiative
5. **Eradicating Polio**—through Polio Plus



ROTARY CLUB of BRIGHTON BEACH



A dinner to officially welcome the  
**Group Study Exchange Team**  
from Rotary District 2203  
**SPAIN**

to Rotary District 9800  
Tuesday 9th February  
6.30pm for 7.00pm

**Milano's Hotel,**  
4 The Esplanade, Brighton Beach



RSVP by 24th January 2010  
Keiran Cromie 0419 252 814  
[keiran@brightontravel.com.au](mailto:keiran@brightontravel.com.au)  
Cost \$40 per head  
Get in early as our capacity is 130

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**Birthdays & Anniversaries**

**Birthdays**

Graeme Hope	14th Jan
Rob Davies	19th Jan
Rodger Madigan	19th Jan

**Wedding Anniversaries**

Adrian & Mandy Campbell 14 Jan

**Club Anniversaries**

None

**Last Meeting's Guests, Apologies, Etc**



**Members and Guests**

Dr Bronwyn Morkham—Speaker  
Harry Morkham  
Tony Wilson—President Dennis

**Visiting Rotarians:**

None

**Apologies:**

Adrian Campbell, Patrick Cunniffe, Murray Dance, Leslie Daniels-King Geoff Day, Gary Goldsmith, Colin Gould, Mark Hassed, Warwick Heil, Bob Heinemann, Neil Hookey, Pierre Kriegler, Frank Leigh, Alan Lorenzini, Michael Mullins, Karen Nolan, Jim O'Hara, John Phillips, Loretto Resubal, Richard Stewart, Joanne Tamlyn,

**Make Ups:**

Don Jago—RC of Melbourne

**Raffle Winner**

Jeevan Vasimalla

**Farewell**

None



**Quote of The Week**

*“What we need are more people who specialize in the impossible.”*

*[Theodore Roethke]*

**Almoners Report**

Condolences to Richard Stewart whose father passed away in UK aged 86. Richard has been to UK for the funeral.

Leslie Daniels-King is organising accommodation for her 89 year old father in Denliquin

Past member Redmond Uniacke's wife Sheila passed away at the weekend

**Directory Changes**

None

